

Amanda Kloots is coming to Sugar Beach Celebrity fitness guru will be leading classes this February



Amanda Kloots will be leading her classes *The Dance* and *The Body* at Sugar Beach February 21, 22, and 23. A former Rockette-turned-celebrity trainer, Amanda now has a client roster including Zendaya, Hannah Bronfman, Zach Braff, and Jerry O'Connell.

Every morning, Amanda will lead her class *The Dance*, an original, energizing workout focused on cardio training that will tone the entire body in a fun and unique way. In the afternoon, she will lead *The Body*, which feels like a personal training session in a class atmosphere. There is cardio and a focus on longer toning sequences for arms, abs, and legs.

The morning and afternoon classes will be complimentary, and Amanda will be available for private classes at an additional cost.

About Sugar Beach, A Viceroy Resort

Sugar Beach, A Viceroy Resort, part of the Viceroy Hotel Group's Icon Collection, sits under the gaze of the UNESCO World Heritage listed Pitons. With 96 rooms, cottages, bungalows and luxury villas and an additional 22 privately owned 1 to 4 bed Residences overlooking the sparkling waters of the Caribbean Sea and new Beachfront Collection homes, the resort offers a setting of unparalleled beauty and tranquility. The property, formerly known as The Jalousie Plantation, rebranded and relaunched at the end of November 2012 following a multi-million dollar refurbishment. Since then, Sugar Beach has put the island on the map offering a truly luxury product in the most sensational location.

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ABOUT VICEROY HOTEL GROUP

Viceroy Hotel Group inspires travelers with one-of-a-kind authentic lifestyle experiences that bring together provocative design and intuitive service in sought-after locations. A leader in modern luxury, Viceroy's vibe-led hospitality is guided by the brand promise "Remember to Live," an affirmation to create lifelong memories for each and every guest. Viceroy destinations are segmented into three distinct portfolio tiers to help travelers find exactly the kind of experience they're looking for. The Viceroy Icon Collection properties include epic hotels and resorts in

Chicago, Dubai, Abu Dhabi, Beverly Hills, Riviera Maya, Snowmass, and St. Lucia, with forthcoming openings in Algarve, Buenos Aires, Los Cabos, Panama, and Vietnam. The Viceroy Lifestyle Series hotels and resorts are found in attitude-led destinations including New York and Santa Monica, with a forthcoming opening in Serbia. The Urban Retreat Collection properties in San Francisco have an independent spirit and bold, eccentric personalities. Viceroy Hotel Group is a member of the Global Hotel Alliance (GHA) DISCOVERY, a unique loyalty program offering exclusive benefits and experiences to its members at over 550 hotels around the world. For more information, visit <u>www.viceroyhotelsandresorts.com</u>. Follow Viceroy Hotel Group at <u>facebook.com/viceroyhotelgroup</u> and on Instagram and Twitter @viceroyhotels.