

Bayside Breakfast

✓* Continental Breakfast 30

Bakery Basket Assortment, Fresh Squeezed Juice Selection, Fruit Kebab, Choice of Sourdough, White or Brown Toast, Freshly Brewed Coffee or Tea Selection

Add any Food item to your Breakfast 40

English Breakfast 28

Two Farm Fresh Eggs Cooked To Your Liking With Grilled Bacon, Black Pudding, Sausage Hash Brown, Baked Beans, Mushrooms & Tomato

✓ Vegetarian Breakfast 25

Two Farm Fresh Eggs Cooked To Your Liking With Hash Brown, Baked Beans, Mushroom & Tomato

Traditional Creole Breakfast 30

Local Cocoa Tea, Stewed Saltfish, Smoked Herring, Johnny Bakes, Pickled Cucumber Tomato, Avocado, Fried Ripe Plantain

Ⓜ Omelet 16

✓ Mushrooms, Green Pepper, Tomato, Onion
Cheddar Cheese

Chorizo, Yellow Squash, Sweet Peppers
Goat Cheese

✓ Jalapeño, Tomato, Scallions, Cheddar Cheese

Ⓜ Egg White Omelet 17

✓ Mushrooms, Garlic, Asparagus

✓ Peppers, Carrots, Christophine

Smoked Salmon, Spinach, Tomato, Onion

Ⓜ Scrambled Tofu 15

Tomato, Mushrooms, Sweet Pepper, Scallions

✓ Blueberry French Toast 14

Caramelized Banana

✓ Oatmeal with Maple Syrup 9

Your Choice of: Whole or Skim Milk

✓ Ⓜ Gluten Free Quinoa Porridge 9

Cinnamon, Braised Strawberries

✓* Pancakes 14

Choice of: Chocolate Chips, Blueberry or Banana

✓* Belgian Waffles 14

Maple Syrup, Icing Sugar, Caramel Sauce

Ⓜ Egg Any Style 16

Your Choice of: Bacon, Ham or Sausage

✓ Ⓜ Easy Fried Eggs "Rancheros" 15

Red Beans, Mozzarella, Corn Tortilla, Spicy Tomato Sauce

* Eggs Benedict 18

Your Choice of: Traditional, Smoked Salmon or Spinach

✓ Poached Eggs on Creole Sauce 18

Red Beans, Green Bell Pepper, Creole Bread

Side Orders 7

Ⓜ Canadian Bacon

Ⓜ Crispy Bacon

Ⓜ Sausages

Ⓜ Roasted Chorizo

✓ Ⓜ Steamed Vegetables

✓ Classic Hash Brown

✓ Vegetarian Ⓜ Gluten Free Ⓜ Vegan

Prices are subject to 10% service charge and 10% VAT; All prices are quoted in United States Dollars.

Bayside Breakfast

🍏 Fruit Plate 12

Watermelon, Pineapple, Mango
Papaya, Passion Fruit

🌿 Cheese Selection 14

Cheddar, Brie, Smoked Cheddar
Goat with Apple, Walnuts, Celery

🥩 Charcuterie Selection 14

Chorizo, Picante, Coppa, Prosciutto

🍓 Yogurt Assortment 8

Coconut, Plain & Greek with your choice of
Fruit Compote
(Raspberry, Strawberry, Blueberry, Banana)

🍞 Fresh Baked Bagels 19

Choice of Smoked Salmon, Cream Cheese
Ham or Sausage

🌿 Cereal (with choice of milk) 9

Corn Flakes, Fruit Loops, All Bran, Frosted Flakes
Raisin Bran

Smoothie Bar

13

Apple Berry

Blueberries, Raspberries, Apple, Plain Yogurt
Vanilla Scent

Strawberry Shortcake

Fresh Strawberries, Banana, Plain Yogurt

Razzy Blue

Banana, Almonds, Oats, Blueberries, Plain Yogurt
Grape Juice

Low Carb

Black Pearl

Oats, Fresh Blackberries, Plain Yogurt
Vanilla Whey Protein

Choco Nana

Plain Yogurt, Walnuts, Chocolate Syrup
Plain Whey Protein

Superchargers

Banana Berry & Almond

Strawberry, Chocolate Whey Protein

Berry Booster

Blueberry, Raspberry, Pineapple & Orange Juice
Plain Whey Protein

Gluten Free Options

🌿🍞 Assorted Gluten Free Pastries 14

🌿🍷 Chia Pudding 9

Soy Milk

🌿🍷 Acai Pudding 9

Banana, Soy Milk or Almond Milk

🌿🍷 Muesli 9

Soy, Banana Oats, Plain Yogurt, Grated Apple, Raisins

🌿🍷 Granola 9

Beverages

Coffee & Tea 6

Fresh Squeezed Juice 6

Grapefruit

Pineapple

Green Kale

Tomato & Celery

*Fresh Juice only available during select
Season*

Bloody Mary 16

Stolichnaya

With your choice of:

Vodka, Lime Juice

Tomato Juice, Celery Salt

Black Pepper, Celery Stick

Mimosa 16

Prosecco

With your choice of:

Fresh Orange Juice or Fresh Passion Fruit Juice

AI/MAP are entitled to Full Breakfast

* Can be Gluten Free upon request

While Sugar Beach Culinary team will endeavour to accommodate requests for special meals for customers who have food allergies or intolerances, we cannot guarantee that any item is completely free of any given allergen. This is due to the potential of trace allergens or cross contamination in the working environment and supplied ingredients. Please inform your server of any allergies.