



SUGAR BEACH

A VICEROY RESORT • ST. LUCIA

Rainforest Spa. Restoration and Renewal.

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SUGAR BEACH

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WELCOME

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RAINFOREST SPA

Restoration and Renewal in the Shadow of the Pitons. Cradled in the embrace of St Lucia's World Heritage-listed Pitons, it is hard to imagine a location more conducive to relaxation and rejuvenation than the Rainforest Spa at Sugar Beach, A Viceroy Resort.

Widely regarded as the island's spiritual heart, the lush foliage and soaring mountain vistas of Val des Pitons provide the perfect backdrop for our stunning spa. Guests wishing to unwind can experience a period of re-creation in its truest sense - a time for reflection, renewal and a break from the everyday stresses of life.

[FIND OUT MORE](#)

RAINFOREST SPA

Sugar Beach, A Viceroy Resort Soufriere, Saint Lucia

Telephone: +1 758 456 8000 (ext. 5001/2)

Email: SB.SpaReservations@viceroyhotelsandresorts.com

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Deep Tissue

A powerful massage designed to reduce tension and muscular pain by focusing on the deeper layers of muscle. Your therapist will use concentrated pressure to promote healthy circulation and an increased range of motion in the muscles.

50 minutes \$185 / 80 minutes \$270

Classic Swedish

European medium pressure massage featuring long strokes and kneading techniques. Escape to tranquillity with our local fresh pressed coconut oil designed to relieve stiff, tight and fatigued muscles and joints, improving circulation and lowering stress.

50 minutes \$130 / 80 minutes \$195

Foot Reflexology

This treatment helps to create physical and mental balance by applying pressure to specific meridian points on the feet that are reflected to the primary organs and systems of the body. Reflexology allows blocked energy to once again flow freely, releasing accumulated tension.

50 minutes \$160

Hot Candle

The candle features naturally blended moisturizing oils specifically formulated to be used to massage the body. Feel the wonderful warm oil drizzled along your body while your therapist performs a relaxing massage.

50 minutes \$170 / 80 minutes \$260

Anti-Stress Massage

A customized massage to help alleviate tension in our most stress-prone areas. Your therapist targets your areas of concern with a massage that instantly relieves pain and tension. Complimented with a foot pressure point massage to perfectly balance your mind and body.

60 Minutes \$170 / 80 minutes \$260

Back Revival

Focusing on the back, neck and shoulder area – customizing a stress relieving, muscle easing massage.

25 Minutes \$85

Coconut Milk Healing Massage

A truly unique healing massage using Saint Lucian coconut milk and Vitamin E. Coconut milk is fantastic for nourishing and revitalizing skin and it is a beautiful sun-soother and helps with skin irritations or concerns. Leaving your skin nourished, hydrated and smelling incredible!

50 minutes \$160 / 80 minutes \$230

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Couples Massage

A customized relaxing massage with coconut oil will induce deep relaxation. Relax further and enjoy the natural sounds of the rain forest as you share a few moments together in one of our three Rainforest Double Cabanas.

50 minutes \$315 / 80 minutes \$420

Romantic Renaissance

Couples massage + Lunch

Created for couples to share memorable moments together! This treatment will be performed in a double cabana where sparkling wine and lunch will be served after receiving a relaxing body body massage. Includes an additional 60-minute lunch and relaxation time.

50 minutes \$450 / 80 minutes \$520

Romantic Escape Ritual

Body Scrub + Body Massage + Relaxation Time.

Enjoy a moment together where time has no meaning with that special person in your life. Indulge in a Romantic Escape Ritual to relax and un-wind together with our side by side body scrub and relaxing massage. Includes an additional 20-minute relaxation time, bottle of sparkling wine and chocolate truffles.

80 minutes \$460 / 120 minutes \$520

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Treetop Getaway

For couples who want to enjoy a few hours together tucked away in the epicenter of the rain forest. Start your spa journey with a beautifully nourishing and moisturizing coconut body exfoliation (30 minutes); further fall into deep relaxation with a coconut milk healing body massage (80 minutes). The scrub-massage combination will rid of tired and unwanted skin and nourish and hydrate new skin. Coconut milk is a wonderfully healing and its light scent intrigues your senses and balances your nerves. Have a laugh with a loved one over a couples pedicure and some sparkling wine and truffles to further unwind.

180 minutes \$790



Spa entrance

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Sun Kissed

Vitamin C+C Scrub - Vitamin C+C Soufflé Wrap.

The perfect treatment to do at the start of your holiday to prepare your skin for a sublime tan. Deeply nourishes repairs and protects the skin while stimulating the formation of collagen with a delicious citrus aroma.

90 minutes \$235

Coconut Bliss

Coconut Body scrub - Coconut Milk Healing Body massage

A true coconut dream! Reveal a velvety soft and glowing skin with our natural coconut and spices scrub. Fall into a deeper relaxation with our Coconut Milk Healing massage. You will leave the spa on a coconut cloud!

120 minutes \$265



Couples Cabana

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Caribbean Glow

Relax with a body polish made of spices and coconut that gently revives the skin and exfoliates dead cells. Leaves your skin feeling soft and refreshed stimulates blood circulation and enhances the appearance of the skin.

50 minutes \$130

C+C Vitamin Body Scrub by Natura Bisse

Its micro granulated texture renews the surface of your skin, brightening it instantly and unveiling an unparalleled velvety feel. It turns exfoliation into an exquisite experience of wellbeing, thanks to the aromatic citrus notes.

50 minutes \$155

Bamboo Body Scrub by Natura Bisse

This delicate body exfoliant uses bamboo micro particles especially selected to massage and exfoliate skin, purifying and removing impurities from the surface of your skin. Thanks to its extraordinary properties - anti-inflammatory, healing, soothing, protecting and hydrating - your skin will look soft, luminous and completely renewed.

50 minutes \$155



The Temazcal, Steam Room

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Detox

This treatment purifies the body of toxins and reduces swelling. Using our unique blend of Sedona red clay with white algae, luminaria extract, grapefruit, lime, lemon-grass and jasmine essential oils. This treatment helps to nourish, tone and promote a healthy radiant body and skin.

60 minutes \$165

Vitamin C Soufflé by Natura Bisse

Our soufflé wrap is enriched with citrus and antioxidant properties to uplift and brighten dull, dry skin! It further repairs skin damage caused by sun exposure, provides intense hydration, firming, lightening and recovers luminosity. Wrapped in a vitamin enriched creamy heaven!

60 minutes \$165



Couples Cabana

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CACI Body Treatments

Non-Surgical Solutions Computer Aided
Cosmetology Instrument (CACI)

Any treatment can be tailored to suit your
individual needs. Your therapist will be
happy to analyze your skin and
recommend the treatment that will
address your concerns.

Body

CACI Ultra-Body Treatment

Legs and Buttocks

60 minutes \$160

CACI Ultra Body Treatment

Stomach and Hips

60 minutes \$150

CACI Ultra Body Treatment Arms

30 minutes \$100

CACI Ultra Body Treatment Bust

45 minutes \$130



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Hair

Shampoo and Blow Dry	
Short	\$45
Medium	\$65
Long	\$75
Men Shampoo and Hair Cut	\$45

Waxing Services

Full Arm	\$45
Half Arm	\$30
Full Leg	\$70
Half Leg	\$40
Bikini	\$45
Brazilian	\$85
Back/Chest	\$70
Combo Full Legs + Bikini	\$115
Combo Full Legs + Brazilian	\$155
Combo Half Legs + Bikini	\$80

Weddings and Special Occasions

(advanced booking recommended)

Bridal Hair	
Trial & Wedding Day	\$160
Wedding Day	\$100
Styling	\$70

Bridal Makeup

Trial & Wedding Day	\$100
Wedding Day	\$60
Special event	\$50

Nail Care*

*OPI nail products are used for our signature manicure and pedicures.

Classic Manicure 50 minutes \$55

Filing, cuticle work massage, and polish application or buff.

Shellac Manicure 80 minutes \$75

Classic Pedicure 50 minutes \$65 Soak, cut and file; cuticle work, massage and polish application or buff.

Shellac Pedicure 80 minutes \$85

Luxury Manicure 70 minutes \$70

A classic manicure with paraffin wax application and hand massage.

Luxury Pedicure 70 minutes \$80

A classic pedicure with paraffin wax application and foot massage.

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Spa Reservations

Advance bookings are recommended to secure your preferred treatment date and time.

When booking a massage therapy, please advise whether you would prefer a male or female therapist.

Prior to arrival we recommend that you leave all jewelry and valuables in your villa before coming to the spa.

Prices for all treatments are in USD and excluded of VAT and service charge.

Arrival

Please arrive 15 minutes prior to your treatment in order to complete your health assessment form. Out of respect for other guests' reservations, please be aware that we are unable to extend your treatment time in case of late arrivals.

Cancellations

As your treatment requires facilities to be reserved, we request a minimum of 24 hours' notice if you are unable to keep your appointment or would like to change your reservation.

Treatments canceled within 24 hours or less will be charged at 50%, any no shows will be charged at 100%.

If you have fever or any flu like symptoms before or on the day of the appointment, kindly inform the spa reception and reschedule your treatment.

EDITION 2020

Facilities

We have a steam Temazcal that offers a light steam experience. To use this facility, bookings are required.

To use our facilities, wearing swimsuit is mandatory

Our changing rooms are equipped with one outdoor shower.

Etiquette

Guests will be required to wear a mask upon entering the Spa and throughout the treatment along with respecting physical distancing while at the Spa.

Smoking and active mobile phones are not permitted.

Be aware of the volume of your voice so as not to disturb others.

We recommend not to sunbathe / swim after a treatment - at least for 3 hours.

Kids below 13 years old are not allowed in the spa and the facilities or to receive a treatment.

Between 13 and 16 years old, treatment will have to be done with a parent present in the room

Between 13 and 18 years old, parents will need to sign the health questionnaire.

Opening Hours

The Rainforest Spa is open daily from 09:00 to 17:00, including public holidays.

Contact Information

Rainforest Spa
Sugar Beach, A Viceroy Resort Soufriere,
Saint Lucia

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