



**SUGAR BEACH**  
A VICEROY RESORT • ST. LUCIA

## The Rainforest Spa

### A Unique Spa Experience in St. Lucia

In the middle of the Rainforest, at the bottom of the Petit Piton, a stream runs within the Spa that creates a true location to rejuvenate, relax, and reset.

Our treatment rooms are unique treehouses built on stilts and perched high above the ground. You can choose one of our couple's rooms to come with your significant other and indulge together or be in one of our single rooms for pure relaxation.

The Rainforest Spa offers a range of signature treatments including bamboo massage, pink salt stone therapies, body wraps and scrubs, and much more.

Tata Harper, a pioneer in natural luxury skincare, is our featured brand which gets extreme results without a drop of synthetic chemicals. #greenyourbeautyroutine

### Signature Indulgence

#### Rainforest Renewal Ritual

Brighten and nourish the body from head to toe with this Tata Harper immersive ritual. A body treatment begins the ritual, which provides a gentle yet powerful body peel to reveal radiance as well as a full body relaxing massage. The body treatment then flows into a facial designed to resurface and lift the skin. Lifting massages on the face, eyes and scalp complete the ritual, leaving face and body renewed and restored.

Want to share this experience? Bring your loved one and upgrade to a couple's room.

180 mins \$390 or \$780 for 2 persons

#### Rainforest Ultimate Couples Experience

Enjoy a moment together where time has no meaning with that special person in your life. Your experience begins with a coconut and spice body scrub followed by a rich and heavenly scented cocoa butter massage that will leave your skin velvety soft. Finally enjoy a hydrating facial leaving you refreshed.

Includes 20-minute relaxation time, a bottle of sparkling wine and sweet delicacies.

140 mins \$675 / 170 minutes \$795

#### Coconut Bliss

A true coconut dream! Reveal a velvety soft and glowing skin with our natural coconut and spices scrub. Fall into deeper relaxation with our coconut milk healing massage. You will leave the spa on a coconut cloud!

110 mins \$290

## **Signature Massages**

### **Coconut Milk Healing Massage**

A truly unique healing massage using Saint Lucian coconut milk. It is fantastic for nourishing and revitalizing the skin and it is a beautiful sun-soother and helps with skin irritations or concerns. It will leave your skin nourished, hydrated and smelling incredible!

50 minutes \$170 / 80 minutes \$235

### **Bamboo Massage**

The soothing warmth of the bamboo sticks relaxes the muscles, producing a veritable “muscle melting” sensation like no other. While the tools deeply knead the musculature, tension quickly dissipates, eliminating knots and congestion.

50 minutes \$170 / 80 minutes \$235

### **Himalayan Salt Stone Massage**

This highly relaxing and remineralizing body massage uses warm, hand-carved salt stones from Himalayan Mountains to balance the central nervous system and nourish depleted cells, leaving the body in deep relaxation. Stimulation of specific meridians on the body allows for improved sleep, reduces inflammation, detoxifies and gives an immediate sense of improved well-being. This restorative massage will soothe away stress and tension, and promote an increased sense of well-being.

50 minutes \$180 / 80 minutes \$265

### **Hot Candle Massage**

Let us take your body and mind on a journey of pure relaxation and calmness while inhaling the sweet aromas of our luxurious candle; which will melt into warm oil that gently penetrates your skin leaving it moisturized and nourished with a radiant look.

50 minutes \$180 / 80 minutes \$265

### **Anti-Stress Massage**

A customized massage to help alleviate tension in your most stress-prone areas. Your therapist targets your areas of concern with a massage that instantly relieves pain and stiffness.

50 Minutes \$180 / 80 minutes \$265

## **Classic Massages**

### **Deep Tissue**

A powerful massage designed to reduce tension and muscular pain by focusing on the deeper layers of your muscles. Perfect for working out stubborn knots!

50 minutes \$200 / 80 minutes \$285

### **Hot Stone Massage**

A timeless ritual of relaxation and enhancement of energy flow. The heat within the rocks relaxes the muscles and release tensions. This treatment induces a state of profound relaxation that allows you to take a truly blissful journey.

50 minutes \$180 / 80 minutes \$265

### **Detox Massage**

This massage will enhance your overall wellbeing by improving circulation throughout your body and supporting lymphatic movement to speed up detoxification to flush toxins from the body.

50 minutes \$180 / 80 minutes \$265

### **Mother to Be**

A full body massage to relax those specific lower back muscles when carrying that beautiful bump. A specially designed pillow will support the muscles and ease tension so both you and your baby can relax and be rejuvenated.

50 minutes \$170 / 80 minutes \$235

### **Swedish Massage**

A wonderful relaxing and rejuvenating experience; escape to tranquility with this delightfully soothing massage with long strokes using light pressure stimulating circulation and promoting relaxation.

50 minutes \$160 / 80 minutes \$210

### **Foot Reflexology**

Reflexology uses a targeted, pressure-point massage to restore the flow of energy throughout the body. This healing technique releases accumulated tension, stress and promotes overall wellbeing.

50 minutes \$165

### **Back Revival**

This tailored massage targets specific areas of tension and soreness in back, neck and shoulder areas.

25 minutes \$95

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## Couples Signature Treatments

*The classic Swedish massage is the massage included in all couple's package unless stated otherwise.*

### Couples Massage

Reconnect with your partner and reduce your mutual stress level. For this relaxing treatment, our couples' massage oil with orange, patchouli and ylang-ylang will be used to strengthen your loving bond that brought you together.

50 minutes \$340 / 80 minutes \$460

### Romantic Renaissance

Created for couples to share memorable moments together. Enjoy a relaxing massage together followed by a lunch with sparkling wine served in our couple's room for further alone time together.

Includes an additional 60-minute lunch after the massage.

50 minutes \$470 / 80 minutes \$540

### Romantic Escape Ritual

Enjoy a moment together where time has no meaning with that special person in your life. Indulge in this ritual to relax and unwind with our side by side body scrub followed by a couple's massage.

Includes an additional 20-minute relaxation time with a bottle of sparkling wine and sweet delicacies.

80 minutes \$510 / 120 minutes \$560

### Treetop Getaway

For couples who want to enjoy a few hours together tucked away in the heart of the rainforest. Start your spa experience with a body exfoliation; then fall into deep relaxation with our nourishing coconut milk healing body massage. Continue your relaxing journey with your loved one over a couples pedicure while sipping on some bubbly and indulging on sweet delicacies.

180 Minutes 795 USD

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## Facial Treatments

*Only available for fully vaccinated guests.*

### Express Facial

Revitalizes, decongests and purifies your skin restoring a youthful glow.

30 minutes \$95

### Tata Harper Facial Treatments

#### Detox Solution

This restorative treatment uses the detoxifying power of purple clay and papaya enzymes to deep clean the skin. A pollution-fighting regimen helps to repair damaged skin cells and combat congestion while protecting the skin from environmental and lifestyle stress.

50 minutes \$180

#### Deep Cleansing Facial

This clarifying treatment uses AHA and BHA to target problematic skin. A redness-fighting regimen refines and soothes the skin for a clear, toned result.

50 minutes \$180

#### Hydration Facial

A deeply hydrating regimen uses the plumping power of hyaluronic acid to heal dry, irritated skin. An oxygenic face massage and warm honey mask will leave your skin plumped and nourished.

50 minutes \$180

#### Sanctuary Facial

Using a singing bowl ritual and calm-inducing breathing, this treatment encourages positive emotions to soothe your busy mind while increasing skin elasticity. Face mapping therapy and kinetique face massage melt away stress and tension. Warming experiences will transport you to a sensorial journey.

80 minutes \$260

#### Cellular Repair Facial

Beginning with the gentle placement of singing bowl this treatment restores balance by advancing stagnant energy. A combination of remodelage and cupping face massage reinforces the skin's natural defense system, maintains a long-lasting hydration level and improves elasticity.

80 minutes \$260

*Prices for all treatments are in USD and exclusive of VAT and service charge.*

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## **CACI Facial Treatments**

CACI facials are available as well at our spa. These are non-invasive aesthetic treatment that have been known to deliver dramatic results without the need for surgical interventions and dubbed the 'non- surgical facelift'. The CACI facials are an advanced and non-invasive. Tiny electrical impulses will lift and tone the facial muscles, whilst improving the skin elasticity and reducing the appearance of fine lines and wrinkles.

### **CACI Ultra Hydratone**

This intensive skin hydration and firming treatment incorporates a mask infused with collagen, hyaluronic acid and vitamin E and C. Dehydrated and environmentally damaged skin is quenched, while deep lines and wrinkles are plumped out, leaving the skin looking radiant, softer and more youthful.

30 minutes \$140

### **CACI Ultra Eye Treatment**

Concentrating on the eye area, this treatment lifts, smoothes and plumps, easing fine lines and wrinkles, rehydrates and prepares the eye area. This treatment includes exfoliation, use of wrinkle comb and the hydratone eye mask which has a dramatic softening action helping to plump out and smooth deep lines and wrinkles.

45 minutes \$170

### **Non-Surgical Lift**

This treatment lifts, tightens, tones and re-educates the facial muscles while smoothing the appearance of fine lines and wrinkles. Skin is beautifully re-hydrated, while tone and texture are improved leaving the skin with a wonderful glow and a firmer, more supple appearance.

50 minutes \$195

### **Ultimate Anti-Aging treatment**

The ultimate facial will leave your skin smoother, lifter, plumped and hydrated. This facial includes ultrasonic exfoliation, non-surgical face lift, use of LED light therapy and ultrasonic skin rejuvenation and concludes with the hydratone mask. This soothing gel mask is infused with powerful hydrating agents such as collagen, vitamin C and hyaluronic acid. This facial will give you a remarkably softer, radiant face with a youthful appearance.

80 minutes \$295

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## Body Treatments

### **Body Scrubs**

50 minutes \$150

### **Caribbean Glow**

A locally made body scrub, with cinnamon and coconut that gently exfoliates the skin. It will leave you with a silky-smooth skin wonderfully perfumed.

### **Sugar Cane & Ginger Body Scrub**

A body scrub that leaves your skin soft and refreshed, made in St Lucia. Feel the exfoliating magic of cane sugar and pink Himalayan salt. Let the scent of ginger and lemongrass envelop you.

### **Body Wraps**

50 minutes \$170

### **After Sun Soothing Body Wrap**

Designed to calm, cool and heal the effects of overexposure to sun, the treatment will soothe your skin back to a glowing state. The vitamin E will strengthen the skin-barrier function while moisturizing and healing and the aloe vera gel will have a cooling effect on the skin and leaving it nourished and rehydrated.

### **Detox Sulphur Wrap**

Infuse your skin with the healing minerals found in our famous volcanic Sulphur mud with this body wrap. This treatment will help with your body's circulation and you will feel tension and stress float away.

### **Coconut & Coffee Body Wrap**

This wrap is packed with antioxidants, vitamins, and essential fatty acids for deep moisturizing of the skin. It will leave you feeling reinvigorated with a bright and silky smooth skin.

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## **CACI Body treatments**

Non-Surgical Solutions Computer Aided Cosmetology Instrument (CACI)

Any treatment can be tailored to suit your individual needs. Your therapist will be happy to analyze your skin and recommend the treatment that will address your concerns.

These targeted body treatments will firm and tone the specific area. It will also sculpt and contour to give a firmer, fuller and more defined appearance.

**CACI Ultra-Body Treatment Legs and Buttocks** - 50 minutes \$190

**CACI Ultra Body Treatment Stomach and Hips** - 50 minutes \$170

## **Packages**

### **Sun Kissed**

The perfect treatment to do at the start of your holiday to prepare your skin for a sublime tan with a full body scrub followed by a body wrap. It will deeply nourish, repair and protect the skin while stimulating the formation of collagen with a delicious citrus aroma.

80 mins \$240

### **Sulphur Indulgence**

Infuse your skin with the healing minerals found in our famous volcanic Sulphur mud with this body treatment. Starting with a dry body brushing to prepare your skin followed by a body scrub and a body wrap ending with an application of coconut milk leaving your skin rejuvenated and velvety soft.

80 mins \$240

### **Pure Hydration**

Hydrate your skin from head to toe! Start with our deeply moisturizing Coconut Milk Healing massage that will leave your skin nourished and smelling incredible. Continue with our Tata Harper Hydration facial which works to lock-in moisture for dewy-soft, nourished skin and a fresh glow.

110 mins \$315

### **Detox**

A full dry body brushing will prepare your skin for this decadent experience. Next, your body will be wrapped in the Sulphur mud to detoxify, and stimulate your lymphatic system, releasing toxins. Body, skin, and mind are now amply primed to indulge in a relaxing and detoxifying massage with our detox oil blended with eucalyptus, grapefruit, lemon and juniper essential oils to continue to enhance healthy circulation, metabolism, and lymphatic drainage. Leaving you feeling lighter, refreshed and your skin looking and feeling cleansed and deeply nourished.

110 mins \$315

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## Teens Treatments

*For Teens between the age of 13 and 17 years old.*

### **Back Revival for Teens**

An introductory experience to a back massage, which helps with maintaining the flexibility of the muscles.

25 minutes \$85

### **Chocolate Body Scrub**

Exfoliate and hydrate the skin with a chocolate scrub designed to nourish the skin!

25 minutes \$85

### **Chocolate Body Wrap**

Hydrate and purify the skin with a chocolate scrub designed to nourish the skin!

25 minutes \$85

### **Chocolate Delight**

A relaxing massage to balance and center youthful energies with our wonderful chocolate mint oil.

45 minutes \$100

### **Teens Refresher Facial**

The perfect facial to keep their skin clear and well hydrated during vacation.

45 minutes \$110

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## Nail Services

### Manicure

Classic Manicure	\$65
Shellac Manicure	\$85
Luxury Manicure	\$85
Gel Removal	\$30

### Pedicure

Classic Pedicure	\$75
Shellac Pedicure	\$95
Luxury Pedicure	\$95
Gel Removal	\$30

## Hair Services

### Shampoo and Blow Dry

Short	\$55
Medium	\$75
Long	\$85
Men Shampoo and Hair Cut	\$50

### Braids

Single	\$5-\$15
Half Head	\$50
Full Head	\$85

## Weddings and Special Occasions (advanced booking recommended)

Bridal Hair Trial & Wedding Day	\$170
Wedding Day	\$115
Styling	\$75

## Make Up (advanced booking recommended)

Bridal Makeup Trial & Wedding Day	\$110
Wedding Day	\$70
Special Event	\$70

## Waxing Services

Half Arm	\$35	Brazilian	\$90
Full Arm	\$55	Back / Chest	\$80
Half Leg	\$50	Combo half Legs + Bikini	\$90
Full Leg	\$80	Combo Full Legs + Bikini	\$125
Bikini	\$55	Combo full Legs + Brazilian	\$160

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## Spa Information & Etiquette

### Reservations

Advance bookings are recommended to secure your preferred treatment date and time. When booking a massage therapy, please advise whether you would prefer a male or female therapist.

Prior to Arrival we recommend that you leave all jewelry and valuables in your villa before coming to the spa.

### Arrival

Please arrive 15 minutes prior to your treatment in order to complete your health assessment form.

Out of respect for other guests' reservations, please be aware that we are unable to extend your treatment time in case of late arrivals.

### Cancellations

As your treatment requires facilities to be reserved, we request a minimum of 24 hours' notice if you are unable to keep your appointment or would like to change your reservation. Treatments cancelled with less than 24 hours of your scheduled appointment will be charged at 50%, and no shows will be charged at 100%.

### Facilities

We have a Temazcal that offers a light steam experience. To use this facility, bookings are required. To use our facilities, wearing swimwear is mandatory.

Our changing rooms are equipped with one outdoor shower.

### Etiquette

Smoking and active mobile phone are not permitted.

Be aware of the volume of your voice so as not to disturb others.

Children below 13 years old are not allowed in the spa and the facilities or to receive a treatment.

For teenagers between 13 and 17 years old, parents are required to sign the health questionnaire.

### Opening Hours

The Rainforest Spa is open daily from 09:00 to 19:00, including public holidays.

First treatment will start at 9:30am. Temazcal is open daily from 09:30 to 17:00.

### Contact Information

Telephone: +1 758 456 8000 (ext. 5001/2)

[SB.SpaReservations@viceroysandresorts.com](mailto:SB.SpaReservations@viceroysandresorts.com)



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