

# VICEROY

RIVIERA MAYA

HOURS OF OPERATION 10:00 - 18:00

## RESERVATIONS

From outside: 52 984 877 3000 Ext 5027

E-Mail: [vrn.spa@viceroymhotelsandresorts.com](mailto:vrn.spa@viceroymhotelsandresorts.com)

Inside the hotel: 5027, 5028

# WAYAK



A VISION AMONG DREAMS

THE SPA AT VICEROY RIVIERA MAYA

## SPA WAYAK AT VICEROY RIVIERA

Surrounded by a tropical jungle and waterfalls, you'll find WAYAK the SPA at VICEROY Riviera Maya, a mystical scenario for a truly unique SPA experience, that recalls the ancient traditions of the Mayan culture and where VICEROY's holistic well-being principles are exalted, together with a dedicated personal service, in an oasis of refined culture.

The energy emanates from the natural SPA surroundings. The nature of its location is infused in everything from the SPA's circular configuration that echoes the holistic philosophy that guides The SPA at Viceroy Riviera Maya to our traditional and herbal authentic treatments.

Enjoy a relaxing experience surrounded by the natural jungle in our Mayan traditional treatment rooms, overlooking our waterfalls and relax by the natural healing sound of the water. Share time with your loved one in our exclusive SPA Suite, enjoy a unique couple's treatment, create, and design your SPA experience to suit you while discovering the mysticism of the Mayan culture.

The healing hands of our highly trained therapists help to restore, rejuvenate, and refresh our guests through the sounds, rituals, and treatments like, massages, facials and body treatments that are offered. The end results are one-of-a-kind experiences that help you be at your best.

Wayak - The Dream "The Quest for Wisdom  
It is through the dream that the pixan (spirit)  
leaves the body, and it is in this way that the  
Maák Bacab receives his call to wisdom and knowledge.  
The mission to serve the gods and humans with his  
healing kindness.



WAY  
Spirit

HA  
Water

K'AK  
Fire

K'IK  
Sun



## FACIAL COLLECTION



A very special way of pampering yourself! With these exclusive treatments, we offer you unique experiences full of care, relaxation, and enjoyment. Take the time to enjoy this most exquisite form of well-being. Either for a specific reason or simply to be pampered. Let us satisfy your personal desires.

### Pure Radiance Facial

We invite you to the world of essential energy and beauty. This deep cleansing facial, will bring you into a state of relaxation, Eliminating toxins in your skin. Our specialized estheticians will help you select the appropriate mask for your specific needs. At the end, your skin will be nourished and purified.

50 minutes | \$209.00 usd

### Discovery Facial

Discover the pleasures with this luxurious moisturizing therapeutic facial. After a gentle cleansing and exfoliation, your esthetician will apply our flagship technique together with a specialized mask to hydrate, nourish and repair your skin, you will notice radiant results.

50 minutes | \$199.00 usd

### Iconic facial.

Powerful facial! Soothing, restorative, and anti-aging, during which your skin will be treated with special nutrients. Our exclusive uplifting massage will improve the microcirculation, which will accelerate the natural repair of the skin; our products will be applied gently on your skin to provide hydration, elasticity, and firmness. This treatment will result in wellbeing, improving the flexibility and resistance of your skin.

80 minutes | \$235.00 usd

### His Facial

This revitalizing and deep cleansing facial will help you restore flexibility and wellbeing to man's skin. Specially designed for the needs of our male guest who resists the aggressions of shaving and the environment. A soothing and nourishing mask that contributes to the recovery of the skin will be applied, resulting in a smooth and supple skin.

50 minutes | \$199.00 usd



## MASSAGE COLLECTION

Our massages are influenced by ancient practices from all over the world, including the ancestral Mayan culture, with this holistic wisdom and VICEROY's well-being principles, we develop unique and traditional experiences; we hope to help you find your equilibrium.

### Holistic Massage

Massage focused on your specific needs, which consists of a combination of therapeutic techniques with the pleasure of exquisite aromas that connect all the senses and provide relaxation of mind and body.

80 minutes | \$209.00 usd  
50 minutes | \$186.00 usd

### Deep Tissue Massage

This massage has the purpose of deep relaxation and relieve muscle tension, while providing greater flexibility and eliminates stress, is focused for those who develop activities that require extra effort. We recommend taking a relaxing massage the day before.

80 minutes | \$235.00 usd  
50 minutes | \$209.00 usd

### Reflexology Massage

Based on the traditional reflexology technique, this massage looks for focal points in feet, hands, and head to stimulate relaxation and returns all organs of the body to balance.

50 minutes | \$ 199.00 usd

### Yo'om (Prenatal massage)

Designed for the well-being of the future mother and baby, our therapist, use specialized techniques to give relief and rest to the whole body,

50 minutes | \$186.00 usd



## BODY TREATMENT COLLECTION



In our body treatments, the products are carefully selected, with valuable Mayan ancestry that represents this amazing culture. Let us guide you through this experience of discovery and well-being.

### Jayk'iin (relief for tropical Skin)

Let the Aloe bring the healing benefits to your sun-exposed skin, this treatment will allow you to soothe and instantly relieve sunburn, a scalp massage will allow you to relax while your body recovers its elasticity and moisture.

50 minutes | \$186.00 usd

### Sac Ha' (Harvest)

Ceremony in which the Mayan farmers asked the God Cháak for the harvest Ceremony in which the Mayan farmers planted, this ritual represented with the coffee helps to cleanse and detoxify the body through an exfoliation and a body mask followed by a relaxing massage, leaving you with a sense of peace and tranquility, while your skin regains the energy and natural beauty.

80 minutes | \$220.00 usd

### Tzolkin (New beginning)

Prepare your body and soul for a new beginning, in the mythology of the Maya culture was chose a God, who allowed them to know the time and the new beginning, through this deliciously prepared treatment, allow your skin to be pampered and rejuvenated through an exfoliation and a body mask under the delights of cocoa and natural essences.

80 minutes | \$220.00 usd

### Hunan-Kab (Honey ceremony)

The Melipona Honey (Bee Cheii) has been used since immemorial time as a food and medicinal product, the Mayas designated a God of the honey, Ah-MucenKab (The one who watches over honey). The ritual of honey is the one that leads us to the restoration of the body. Through a relaxing massage with honey, supported by medicinal herb compresses, bathed in a special tea will help you relax and release the stress of the body.

50 minutes | \$186.00 usd

## MAYAN TRADITIONS



### Akbal (Invigorating Massage)

For this ancestral Mayan technique, a rebozo is used, in a movement denominated "Manteada" or blanket stretching as ancestrally the traditional Mayan women did to adjust the posture and elongate your muscles. It is an invigorating and therapeutic experience that is performed to allow the adjustment and improve flexibility, achieving an integral benefit of body.

80 minutes | \$232.00 usd

### Óox Tséel (Maya Trilogy)

Balance, Tranquility and Beauty, are the principles that inspire to this trilogy, three stages of massage that help to remove the energetic and emotional blockages. Enjoy a ritual of exfoliation of feet, followed by a mixture of essential oils and colorful veils that will assist to purify the spirit, allow yourself to experience deep peace and intense harmony.

80 minutes | \$220.00 usd

### Yo'ki'b (Hot Stones)

Allow your body and mind fly into a place of inner tranquility. In this earth inspired ritual we align the chakras along with the tranquilizing power of copal and the healing power of hot stones, free your body from tensions and negative energy generated by day-to-day stress.

80 minutes | \$220.00 usd

### \* Wayak the DREAM "The pursuit of wisdom"

An energy cleanser with healing herbs, a relaxing massage, and an ancient Mayan technique are part of this unique treatment that will allow you to align the body, relieve stress and fatigue, followed by a brief routine of cupping that will give you a feeling of release and relaxation .

\*Signature Experience  
80 minutes | \$232.00 usd

### Xaman-Eek' (Love Ritual)

The Mayans believed that the southern star guided the footsteps of lovers on to the path of love, understanding, harmony and abundance. Allow yourself to be pampered side by side to your loved one, we start with a feet ritual, followed by a relaxing massage with our unique essences of love to balance the chakras and immerse yourself in our healing herbal bath, inside a tub made from a black Zapote tree. Let us create the magic, meditating the Mayan words that will be written in your hearts forever.

80 minutes | \$464.00usd



The magnificence and mysticism of the Mayan culture is admired all over the world. The Mayans believed that while sleeping the spirit detached from the body and traveled throughout the world in a search of the wisdom and goodness of the Gods, for the Mayans the body was the most valuable possession, because it was through it that their spirits remained intact and protected, in such a way that the rituals for the care of the body were something sacred in this important culture.

It is this seeking of knowledge and complete wellness that influences our vision, we look forward to helping you find your equilibrium, we believe that a balance between knowledge and relaxation is the key to achieve a feeling of inner tranquility and rejuvenation.

Our treatments are inspired by the ancient Mayan culture, allowing you to reconnect with your inner being. Techniques that have passed from one generation to another are luxuriously applied with the purpose of finding the balance of mind, body, and spirit; Each experience combines our Mayan roots, sophisticated techniques, and ancestral practices with organic and refined products.





## Temazcal

The Temazcal, whose name comes from the Aztec Nahuatl dialect (House of Hot Stones), is a structure representing mother earth's womb, in which through steam and medicinal herbs help us to purify body and spirit. The stones represent the grandmothers which contain the wisdom of the earth inviting us to reflect, so living the experience of the Temazcal is a good opportunity to release what we no longer want in our life and reborn again.

The elements that work with us are:

- Water - Represents our blood, liquids, and emotions.
- Earth - The Temazcal that represents the body, the matter.
- Air - Aromatic fumes, our energy, our breath.
- Fire - Volcanic stones. It represents the Spirit.

90 minutes | \$464 usd

### Maya Kamnikte (Maya Ceremony)

The best way to renew love and good wishes for the couple is this Mayan Ceremony, performed and guided by our Maák Bacab, who, following the traditions asks permission to the Uni-verse and the four cardinal points to bless the union of the couple with peace, love, well-being, and abundance. As the ceremony comes to an end, the bride and groom makes a gift of fresh flower petals to the Gods, asking them to fulfill all their dreams. The ceremony is performed in the Mayan dialect with English or Spanish translation.

90 minutes | \$464 usd

## NAIL AND HAIR CARE



### Basic Manicure

If there is just a brief time, let us pamper you to sleep, an exfoliation with mineral salts and a delicious moisturizing massage with organic oils are part of this short but deeply relaxing experience.

45 minutes | \$81.00 usd

### Wayak Manicure.

Our signature treatment helps to relieve the tension that new technology generates. With a delicate exfoliation to your hands, a decontracturant massage and a paraffin treatment, we start with this exquisite Spa experience.

60 minutes | \$99.00 usd

### Basic Pedicure.

An exceptional service, a pedicure where the most important thing is your complete relaxation and beauty as a result. This brief but incredibly relaxing service at your feet will leave you wishing for the next step.

45 minutes | \$99.00 usd

### Wayak Pedicure

This pedicure is not only a beauty treatment; it is an experience of integral relaxation, where the beauty of your feet will be the result. The adaptation of products based on your needs and taste will make this treatment enhance your blood circulation and reduce the general tension of your legs.

60 minutes | \$116.00 usd

### Yo'Ki'b Pedicure

An absolute relaxation treatment experience that you have never experienced before! This treatment begins with a cleaning and purification of your feet, followed by a hot stone massage that will relieve tension and improve blood circulation on legs to ultimately sense the well-being on both feet and legs.

80 minutes | \$151.00 usd

### Hair Treatment

Allow yourself to indulge to the maximum, this hair treatment transforms and repairs your hair completely, giving it more shine and protection by absorbing instantly while filling in the cracks caused by chemical and the environment. \* Your beautician will apply the products according to your capillary needs.

30 minutes | \$81.00 usd

\*\* Ask for our room Hair services, these services require at least 24 hours anticipated reservation.



## SPA PACKAGES



### ENHANCE YOUR EXPERIENCE

These mini treatments will be the perfect harmony between being well and being at your best moment of relaxation, nothing extravagant, simply treatments that goes along to each Spa experience, so the relaxation is total and lasting.

\*\* (These luxurious mini experiences are available with any 50 or more minute's; they are not sold alone)

- Scalp Massage. Specially designed to relieve the accumulated tension after many hours of work, pure. consent for prolonged well-being.
- Foot & Leg Massage, this massage allows you to pamper yourself and at the end you will feel that you are float in the air, improves your circulation, and complements any experience making it more pleasurable.
- Jemp balm, created to enhance the massage experience and relax your muscles (specific areas)
- Aloe Vera. If you don't like body treatments, we can give you the same benefit in your massage, with this simple but effective change in your reserved experience.
- Special occasions set up, nothing like the romanticism for that special moment; let us create the right atmosphere for that special occasion.

Select, personalize, and create your own Spa package by combining a treatment from each of our collection. Our spa host will assist you in adapting your personalized spa package. Immerse yourself in our Jacuzzi and steam room to fully relax experience and pamper yourself.

#### Taam Wa'atal (Deep Relaxation)

Indulge yourself in a state of enjoyment, relaxation and experience the ancient Mayan techniques arranged in our treatments. This journey welcomes you with a purification of the soul, body massage continues with your face to take your inner beauty to the outside and we finish with hands and feet, a total and deep relaxation will be the result.

150 minutes | \$ 413.00 usd

(Egg and herbs body cleansing, Holistic Massage, Wayak Facial, hands and feet scrub)

#### Yaakun (Love) \*\* Couples Retreat

A romantic retreat in our private spa suite! Together you will enjoy a Mayan body experience, followed by a personalized couples massage and mini facial that will allow you to relax to the maximum, we end with a bath exclusively made to measure your needs in our tub made of a piece of black Zapote (tree exclusive of our Mayan region).

These mini treatments will be the perfect harmony between being well and being at your best moment of relaxation, nothing extravagant, simply treatments that goes along to each Spa experience, so the relaxation is total and lasting.

260 minutes | \$1311.00 usd per couple

(Body treatment, Holistic Massage, scalp, herbal bathtub)

#### He'elel Taam (Deep Rest)

Looking for a relaxing day, full of transformation and harmony with extraordinary results. Includes a body treatment, a massage of your choice to relax the spirit, a purifying facial that will leave your skin moisturized and radiant, a manicure and pedicure will be the end of this restful experience. Do it in one or two days.

270 minutes | \$639.00 usd

(Wayak body treatment, Massage, Facial, manicure y pedicure)

#### AT YOUR VILLA\*

For our most exclusive and reserved guests, we create this special menu of experiences that are provided at the comfort of your own villa. Let WAYAK come to you, consent and relax you without leaving your comfort area.

\*These services require at least 4 hours anticipated reservation



## FITNESS ACTIVITIES

These stimulating and dynamic activities are focused on a mental and physical training while working the body's strengthening, flexibility, energy, and health, while generating a balance of mind and strengthens the spirit.

To give you an experience according to your needs we offer a variety of Yoga styles like: Vinyasa, Hata and Yoga, Meditation programs, circuits, Mat Pilates, Functional training, and Barre.

We can also provide you with our fitness activities in the comfort and privacy of your villa, in a private class.

- **Regular Yoga Class 45 minutes** | \$49.00 usd per person
- **Private Yoga or Fitness class 60 minutes** | \$ 87.00 usd per person
- **Fitness Class 50 minutes** | \$70.00 usd per person

\*\* These activities require a previous reservation



These WAYAK SPA experiences lasts at least 50 minutes, we seek to create a sanctuary of relaxation, harmony, and well-being together with nature.

### Arrival to the SPA and etiquette

We recommend arriving 30 minutes prior to your scheduled appointment; this gives you enough time to familiarize yourself with the facilities. Please note that appointments end on time, regardless of the start time.

### Medical Conditions

Please notify to your spa reservations agent any medical condition that we should know before the spa experience at the time of your reservation, alcohol consumption before, during or after treatment is not recommended. You will be asked to fill out a medical form upon arrival, so we can improve your experience by adapting it to your needs and requirements.

### Cancellation policy

For any modification to your reservation (postpone and / or cancel), please notify the Spa 6 hours before the booked time to avoid any charges for the service. The cancellation of a package, Mayan experiences and / or private lessons, is required 24 hours in advance. Missed appointments without notification will be subject to 100% charge for the reserved service.

### Taxes and Tips

All our prices are in USD and are subject to change without notice; the final bill will be expressed in dollars. A 16% VAT has been included in all Spa services and packages. A 16% gratuity is recommended and can be added to your account upon request.

\* Occasionally some services may not be available.

